



UNITY PRIMARY SCHOOL

21 Choa Chu Kang Crescent
Singapore 688268
Tel: 67676750 Fax: 67676751
Email: unity_ps@moe.edu.sg
Website: www.unitypri.moe.edu.sg

9 May 2022

Dear Parents

Time flies and we are almost at the end of Term 2. The following are some updates to note:

1. Food Donation Drive on Mon, 23 May 22

In line with the school's Gratitude Movement, we have partnered Charity Organisation "Food from The Heart" (FFTH), to organise a food donation drive. Through this food donation drive, we hope to instill in our students the values of care and responsibility, encourage them to be grateful for what they have and do their part for the less privileged in the community.

We strongly encourage your child's participation by donating at least one food item listed in the table below. Students should bring the items to the school canteen on **Mon, 23 May 22, upon arrival in school. Food items will only be collected on that day.** For food safety, please take note of the following guidelines for the items to be donated.

Type of Food Items	Remarks
Dry noodles/ instant noodles/ pasta/ biscuits	✓ Food items must have an expiry date of at least <u>6 months</u> from 23 May 22. ✓ Food items must be unopened and in original packaging.
Rice/ cooking oil (1 kg - 2.5 kg)	
Powdered beverage (coffee 3-in 1/ teabags/ milo)	

2. E-Parent-Teacher Conference (e-PTC) 2 on Tue, 24 May 22

In line with the school's continuous effort to foster home-school partnership, there will be an online Parent-Teacher Conference on Tue, 24 May 22 for selected parents where the teachers will give you an update on your child's progress in school for this semester. More details will be shared with you by your child's class teacher on how you can book for the session.

3. Eat with Your Family Day on Fri, 27 May 22

The EWYFD is a nation-wide event led by the Centre For Fathering and supported by the Ministry of Social and Family Development (MSF), to encourage all Singaporeans to consciously set aside time on that day to be with their families. Through the simple practice of having a family meal, the event will serve as a reminder to families to encourage them to eat together regularly.

Done through the simple ritual of having a family meal, we hope the event will serve as a reminder to families to encourage them to eat together regularly. ***In conjunction with the above-mentioned celebration, please note that the school General Office would be closed at 4 pm on that stated day.***

4. May/Jun School Holiday Programmes

We have planned for some students to return to school for remediation/supplementary classes during the first week of the May/Jun school holidays. Your child's subject teachers will inform you if your child is selected.

For the Primary 3 students, there will be a Cultural Camp on **Wed, 1 Jun 22** morning. The aim of this camp is to provide an immersive environment for students to use their respective Mother Tongue Languages and learn more about their rich cultural heritage through fun and interesting activities. More details will be shared by the teacher-in-charge nearer the date.

For the Primary 5 students, there will be a segment on virtual overseas programme to promote cross-cultural sensitivity and understanding in our students and inculcate in them an appreciation of the various learning opportunities they have. Apart from going on a virtual tour of places of cultural and educational interest, students will get to virtually interact with their counterparts from the local schools there and engage in hands-on activities that will help them appreciate the unique cultures of the place they are 'visiting'. More details will be shared by the teacher-in-charge nearer the date.

5. Healthy 365 App by the Health Promotion Board

Healthy 365 is a mobile application by the Health Promotion Board (HPB) Singapore which aims to encourage users to adopt a healthier lifestyle. With gamification and rewards, users are encouraged to sign up for in-app challenges and health programmes to earn Healthpoints.

You can also register for workshops organised by HPB and participants will be able to log onto the workshop directly from the app once their registration is confirmed. Below are 2 workshops that you might be interested in:

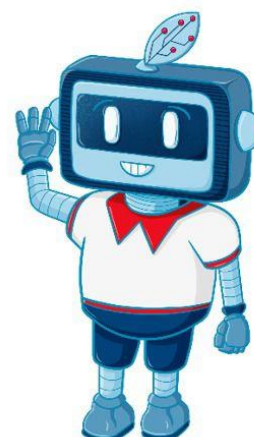
- a. Colours of the Mind (Parents & Children aged 7 to 12 years old)
Participants will learn the knowledge & skills to better communicate with their children & take control of their personal well-being through interactive activities.
- b. Healthy Eating, Active Living (HEAL)
 - ✓ How to get my child to try different foods?
 - ✓ When eating out, how do I choose healthier options for my child?
 - ✓ How do I make smart food choices with my child when meal planning?



Scan the QR code to find out more about the Healthy 365 App!

6. Cyber Wellness (CW) - Appropriate Online Expression

In our continuous effort to advocate Cyber Wellness (CW), the school launched our very own CW Mascot on 14 Feb 22. Thanks to the collective efforts of students and staff through a school wide competition, the CW Mascot was named Captain UniTrone (yoU aNd I Together Respect Online Navigation & Etiquette). Together with the CW Student Ambassadors (CWSA) and students of UPS, Captain UniTrone will champion the school's efforts in promoting and advocating good netiquette and appropriate online behaviour in our students and community.



We now call for the support of all parents to join us in this effort! The amount of time our students spend on online learning has significantly increased in recent years. Parental involvement and support are vital to ensure the students are safe and responsible users of technology in the cyberworld. To ensure your child remain safe and have a positive online experience, you can do the following:

- ✓ Set parental controls on your home devices.
- ✓ Set ground rules for internet usage and online screen time.
- ✓ Model positive digital habits for your child.

You may access the Parent Kit on Cyber Wellness for your child via the link:

<https://www.moe.gov.sg/-/media/files/parent-kit/cyber-wellness-for-your-child.pdf>

Let us work together to advocate good online habits and establish rules and guidelines, both in school and at home, to support our students in using the internet and social media responsibly.

7. Travel Advisory

To ensure school continue to be a healthy and safe environment for all, we require parents/guardians to make **a travel declaration for your child/ward only if he/she intends to travel** for the holidays.

To make a travel declaration for your child/ward via Parents' Gateway (PG), go to [SERVICE > DECLARE TRAVELS]. For travel during mid-year school holiday, please declare your child/ward's travel plan(s), indicating both the country and city of travel, and any city of transit, **by Fri, 27 May 22**. Only one parent is required to declare.

If you do not have access to Parents' Gateway (PG), you may do so by submitting an online form via this weblink: <https://go.gov.sg/ups-student-travel-declaration> or scan the QR code on the side.



If your child/ward is **not travelling** during the holidays, **no action is required** on your side.

When planning your travel, please refer to <https://safetravel.ica.gov.sg> for more information and updates on travel. **If there is a change of travel plan(s) after declaration, please submit a new travel declaration for the updated travel destination via PG or inform the school for cancellation of travel plan(s).**

On this note, we want to thank you for your partnership and support in helping the school ride through a very challenging period of managing the Covid pandemic. Indeed, the school has been kept safe and learning could continue because of your cooperation.

We wish all families a well-deserved break and meaningful family bonding during the school holiday and see you when school reopens on **Mon, 27 Jun 22**.

Yours sincerely
Mrs Lee-Koh SC
Principal