



UNITY PRIMARY SCHOOL

21 Choa Chu Kang Crescent
Singapore 688268
Tel: 67676750 Fax: 67676751
Email: unity_ps@moe.edu.sg
Website: www.unitypri.moe.edu.sg

22 May 2023

Dear Parents

How time flies! We are nearing the end of Term 2 and the start of June break. The following are some updates for Term 3:

1. Staff Movement

We extend a warm welcome to the following NIE graduates who have come onboard the UPS family:

- Ms Chow Zhi Ying, EL Teacher (wef 13 Mar 23)
- Ms Eunice Liang, EL Teacher (wef 13 Mar 23)
- Mdm Sun Xiaoli, CL Teacher (wef 13 Mar 23)
- Mr Sim Wei Wen, CL Teacher (wef 13 Mar 23)
- Ms Filzah Binte Shafiee, Art Teacher (wef 13 Mar 23)
- Ms Tan Chew Fong, SENO (wef 8 May 2023)

2. School Holidays & Key Activities in Term 3

Day/ Date	School Holidays/ Celebrations
Mon, 29 May 23 – Thu, 1 Jun 23	Remedial/Supplementary <ul style="list-style-type: none">• Identified P1 – P4• All 6 Students Parents will be informed via PG
Tue, 30 May 23 – Thu, 1 Jun 23	P5 Camp Fortitude <ul style="list-style-type: none">• All P5 Students
Fri, 2 Jun 23 – Sun, 25 Jun 23	School Holidays & students will report back to school on Mon, 26 Jun 23
Thu, 29 Jun 23	Hari Raya Haji (Public Holiday)
Sun, 2 Jul 23	NE Show for P5 Students
Mon, 3 Jul 23	Youth Day (School Holiday)
Wed, 9 Aug 23	National Day (Public Holiday)
Thu, 10 Aug 23	Day After National Day (School Holiday)
Tue, 15 Aug 23 & Wed, 16 Aug 23	PSLE Oral for P6 Students <ul style="list-style-type: none">• HBL (No School for P1 – P5 Students)
Thu, 31 Aug 23	Teachers' Day Celebrations <ul style="list-style-type: none">• School Hours from 7.30 am to 10.30 am
Fri, 1 Sep 23	Teachers' Day (School Holiday)
Wed, 6 Sep 23 – Fri, 8 Sep 23	Remedial/Supplementary <ul style="list-style-type: none">• Identified P1 – P5• All 6 Students Parents will be informed via PG
Sat, 2 Sep 23 - Sun, 10 Sep 23	School Holidays & students will report back to school on Mon, 11 Sep 23

3. School Calendar of Events

Please refer to this link <https://unitypri.moe.edu.sg/parents-matter/calendar-of-events/> to access live and updated information on the school website. Do also take note of the dates for weighted assessments or year-end examinations for the level your child is in.

4. Student Well-Being & Safety

We appeal to parents to continue exercising social responsibility and not send your child to school should he/she be unwell or experience any flu-like or infectious symptoms (even mild ones). You are advised to take your child to seek medical attention and he/she should only return to school when he/she has fully recovered. Kindly ensure that you follow up with the Form Teacher/s on the reason for absence and submission of valid supporting documents.

5. Scheduled Hair & Attire Check

In reinforcing the desired behaviours and the importance of being properly attired in school, we will be conducting student hair and attire check on **Mon, 26 June 23**.

Please refer to the school rules on school uniform, placement of name tag, appearance and code of conduct in the Student Handbook. We appreciate your guidance of your children to be neat, well-groomed and disciplined all the time.

6. Parents Gateway (PG)

This is a reminder that Parents Gateway (PG) is a one-stop portal and channel for school-home communication. With the PG App, parents can at anytime, anywhere access all school announcements and consent forms to give consent for your child's activities. To download PG or for its FAQ, visit <https://pg.moe.edu.sg/>. **Kindly turn on the PG notification in your phone setting so that you can be alerted to PG updates** from the school and MOE in a timely manner.

7. Semesterly Emergency Relay with Parents

The school conducts Test of the Emergency Relay System with Parents via PG semesterly. The next emergency relay system test will be conducted in Term 3. As it is crucial for school to be able to reach all its stakeholders especially parents in emergency situations, we appreciate everyone's timely co-operation and consideration to read all the notifications sent out and take the necessary actions.

8. Visual Screening and Temperature-Taking

Your child is required to bring along his/her Oral Digital Thermometer (ODT) to school every day. **Kindly ensure that your child's thermometer is in working condition and he/she has the thermometer in his/her bag daily.** We seek your assistance to replace the batteries of the ODT or buy a new one if his/her ODT is not working.

MOE will be conducting the Temperature-Taking Exercise during the first week of every semester. The exercise for Term 3 will take place on **Wed, 5 Jul 23**.

9. Safety Drills

The school conducts physical safety drills to maintain its preparedness in times of emergencies and raise baseline competency and awareness in students and staff. The school will conduct a class-based Haze Evacuation drill in Term 3 Week 3 and Fire Evacuation drill in Term 3 Week 7. Students will be briefed before any emergency exercises are conducted.

10. Cyber Wellness (CW)

As part of our CW efforts, we underscore the importance of understanding the potential social media concerns that your child may encounter. In today's digital age, social media platforms offer various benefits, but they also present certain risks. It is crucial to be aware of these challenges to ensure your child's online safety. Some concerns include cyberbullying, inappropriate content, privacy issues and the impact of excessive screen time on their well-being.

We encourage you to engage in open conversations with your child, establish guidelines for social media usage, monitor online activities and educate him/her about responsible online behaviour. By working together, we can help our children navigate the digital world safely and responsibly.

Below are some online resources that you can explore and engage in open discussions with your child about the responsible use of social media:

- Media Literacy Council (MLC) Singapore: The MLC provides valuable resources and guides for parents to navigate the digital landscape, including information on cyberbullying, online safety, and media literacy.
Website: <https://www.medialiteracycouncil.sg/>
- Parenting with Technology by Health Promotion Board: This website offers practical advice and tips for parents on managing their child's screen time, protecting privacy, and addressing cyberbullying concerns. Website: [Parent Hub \(healthhub.sg\)](http://parenthub.healthhub.sg)

11. Nutrition & Physical Health

We take this opportunity to remind everyone of the importance of promoting healthy habits at home, particularly when it comes to your child's nutrition and physical activity levels.

Childhood obesity can lead to a range of health issues later in life. Hence, it is crucial for parents to take an active role in ensuring that your children are eating healthily and engaging in regular physical activity.

To promote healthy eating habits, encourage your child to follow Health Promotion Board (HPB) My Healthy Plate recommendations. Ensure your child fills half of his/her plate with fruits and vegetables, a quarter with whole grains, and a quarter with lean protein. To make healthy eating more fun and engaging, you can involve your child in meal planning and preparation for their snack break.

In addition to eating healthily, it is essential to have regular physical activity outside of school such as biking, swimming, hiking or playing sports with friends and family. By engaging in regular physical activity, children can improve their overall health and well-being and reduce their risk of obesity. There are positive effects on mental and physical well-being by spending time in nature. Do spend time exploring with your child the many beautiful nature parks around Singapore this June Holiday!

Finally, if your child is struggling with obesity, it is important to work with your family doctor or paediatrician and PE Teacher to develop a plan for managing their weight. This may include setting goals for healthy eating and physical activity, monitoring his/her progress and seeking additional support if needed.

The following are the QR codes to some resources you can explore:



ActiveSG
Programmes



HPB
Healthy Living



Nparks Family
Time in Nature



TimeoutSG



Honeykidsasia

Persevere with your ongoing efforts in promoting healthy habits for your child. Together, we can help your children grow up to be healthy, happy and successful.

Thank you for your unstinting support and partnership. Have a revitalising and meaningful holiday bonding with the family and loved ones. We will see your child back in school on **Mon, 26 Jun 23**.

Yours sincerely
Mrs Lee-Koh SC
Principal