



# UNITY PRIMARY SCHOOL

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25 May 2026

Dear Parents

## Letter to Parents (End of Term 2 2026)

We are nearing the end of Term 2 and the start of the mid-year school holidays. The following are some updates for Term 3:

### 1. School Holidays & Term 3 Key Activities

Day/ Date	School Holidays/ Celebrations
Mon, 1 Jun 26	Public holiday (for Vesak Day on 31 May)
Tue to Thu, 2 to 4 Jun 26	Supplementary Lessons for all P6 Students
Mon, 29 Jun 26	Start of Term 3
Mon, 6 Jul 26	Youth Day School Holiday
Fri, 7 Aug 26	National Day Celebrations • School Hours: 7.30 am – 10.30 am
Mon, 10 Aug 26	Public holiday (for National Day on 9 Aug)
Wed & Thu, 12 & 13 Aug 26	PSLE Oral for P6 students • No School for P1 – P5 students
Thu, 3 Sep 26	Teachers' Day Celebration • School Hours: 7.30 am – 10.30 am
Fri, 4 Sep 26	Teachers' Day School Holiday
Sat to Sun, 5 to 13 Sep 26	School Holidays
Wed to Fri, 9 to 11 Sep 26	Supplementary Lessons for all P6 Students
Mon, 14 Sep 26	Start of Term 4

### 2. Mid-Year Travel Declaration Reminder for Students

Please be reminded that all students are required to submit their travel declaration via Parents Gateway if **they intend to travel during the mid-year school holidays**. Kindly ensure that the declaration is done at least 2 weeks before the start of the holidays.

### 3. Parents Gateway (PG)

Please be reminded that Parents Gateway (PG) is a one-stop portal and channel for school-home communication. With the PG App, parents can at anytime, anywhere access all school announcements and consent forms for your child's activities.

Please read and retain such information promptly so that you can keep abreast of the details such as date, duration, dismissal time and venue of your child's school activities. To avoid inconveniences, we seek your co-operation to convey such pertinent information within your household so that the caregivers/ helpers do not have to call our staff/ teachers unnecessarily.

### 4. Student Details Form (SDF) Portal

This is a reminder that the details of your child/ward may be updated via SDF Portal. This includes information such as the residential address, medical/SEN conditions and special precautions of your child, etc. With your Singpass, you can access this link <https://pg.moe.edu.sg/forms/sdf> or the attached QR code to do so for your child/ren in a timely manner. Do inform the form teachers immediately of any changes and submit the relevant supporting documents to them promptly.



### 5. School Calendar of Events

Please refer to [School Calendar](#) to access live and updated information on the school website. You may also add the school's COE to your personal Google account for ease of retrieval.

### 6. Arrival & Dismissal

We would like to seek parent's/guardian's help to remind your child/ward to arrive in school on time. Lessons start at 7.30 am every school day. Students need to be seated by 7.30 am so that they can begin class on time. Students who arrive late are greatly disadvantaged because they miss starting the day with their peers, the beginning of lessons and essential learning experiences.

It is important that children establish good routines and habits in preparing them for the rest of their lives. Punctuality is a life skill that children need to develop while they are young. We appreciate your support in ensuring that your child/ward leaves home early enough each morning to get to school on time to minimise disruption to his/her learning and that of others.

Starting Term 3, P3 to P6 students will be dismissed from Side Gate 3 on Tuesdays & Thursdays at 3 pm if they have remedial/supplementary lessons. The gate will remain open from 3 pm to 3.15 pm.

### 7. Hair & Attire Check

In reinforcing the desired behaviours and the importance of being properly attired in school, we will be conducting student hair and attire check on **Mon, 29 Jun 26**. For students who have gotten new school or PE shirts, they are required to place an order for new name tags. Personal name tags are to be ironed onto the pockets of all school shirts and PE T-shirts. Name tags must be above the school badge. Orders can be submitted at <https://www.myuniformshop.com.sg/name-tag-order>

We would also like to remind all students and parents that ornaments and jewellery (except small and simple ear studs/earrings for female students) **should not** be worn, as they could pose safety issues during physical activities.

Please refer to the school rules on school uniform, placement of name tag, appearance and code of conduct in the Student Handbook. We appreciate your guidance of your children to be neat, well-groomed and disciplined students all the time.

### **8. Encouraging Responsibility and Independence**

We seek your support in helping our students develop responsibility and self-discipline. If your child forgets to bring an item to school, we ask that parents **do not** deliver the item to the guardhouse. Our security guards are responsible for school safety and are unable to manage or deliver items to students. In addition, we would like to minimise disruptions to lessons and activities caused by students leaving class to collect belongings.

Giving students the opportunity to learn from such experiences will help them become more independent and responsible both in school and at home. We appreciate your understanding and cooperation in supporting your child's growth and development.

### **9. Safety Drills**

The school conducts physical safety drills to maintain its preparedness in times of emergencies and raise baseline competency and awareness in students and staff. The school will conduct a class-based haze drill in Term 3 Week 3 and a lockdown and evacuation drill in Term 3 Week 4. Students will be briefed before any emergency exercises are conducted.

### **10. No Right Turn for Vehicles Exiting School during Peak Periods**

Please be reminded that vehicles exiting the school between **6.30 am to 7.30 am** are not permitted to turn right. All vehicles must turn left during this time to ensure a smoother and safer traffic flow. We seek the cooperation of all drivers in adhering to this regulation which is in place to help reduce congestion on the road outside.

### **11. Cyber Wellness**

As we approach the upcoming June school holidays, we invite parents to continue partnering with us in nurturing our students to be **purposeful and mindful digital learners**. With technology playing a big role in their daily lives, it is timely to reflect on how our children can use screens in ways that support balanced growth and well-being.

This term, our cyber wellness focus is on Purposeful Screen Use — helping students understand the difference between *productive* and *passive* screen time. We encourage them to use digital tools to **learn creatively, connect meaningfully**, and **rest mindfully**, instead of scrolling endlessly or multitasking during rest times.

Aligned with the national Grow Well SG movement, we also advocate healthy screen habits that promote good sleep, active play, and positive relationships offline. It is recommended that children of ages 7-12 should have **less than 2 hours of screen time**, unless related to schoolwork every day.

Parents play an important role by co-creating family routines that balance both digital and non-digital activities. As the school holidays draw near, you can initiate a conversation with your child about digital wellness and work together to design a simple **Screen Time Agreement**. This could include:

- Discussing when and why screens are used (e.g., study, relaxation, connecting with friends).
- Agreeing on time limits and breaks to prevent eye fatigue and encourage physical activity.
- Setting shared family expectations — for example, device-free meals or “no-screen” time before bedtime.
- Discussing consequences when children break any of the rules in this agreement.
- Reviewing together what works well and adjusting the guidelines as and when needed.

Through open dialogue and clear family guidelines, we can help our children enjoy the benefits of technology while growing in self-regulation and responsibility.






Source: *The Family Screen-Time Agreement*, Families for Life, Singapore

(<https://familiesforlife.sg/pages/The-Family-Screen-Time-Agreement>)

[Family Screen Time Agreement \[Reference\]](#)

## 12. Physical Education Messages

You may click the hyperlink or scan the QR code to access the PE Messages for each level.

<a href="#">P1 Term 2</a>	<a href="#">P2 Term 2</a>	<a href="#">P3 Term 2</a>	<a href="#">P4 Term 2</a>	<a href="#">P5 Term 2</a>
				

## 13. Nutrition & Physical Health

We take this opportunity to remind everyone of the importance of promoting healthy habits at home, particularly when it comes to your child's nutrition and physical activity levels.


Childhood obesity can lead to a range of health issues later in life. Hence, it is crucial for parents to take an active role in ensuring that your child is eating healthily and engaging in regular physical activity.

To promote healthy eating habits, encourage your child to follow HPB My Healthy Plate recommendations. Ensure your child fills half of his/her plate with fruits and vegetables, a quarter with whole grains, and a quarter with lean protein. To make healthy eating more fun and engaging, you can involve your child in meal planning and preparation for his/her snack break.

In addition to eating healthily, it is essential to have regular physical activity outside of school such as biking, swimming, hiking or playing sports with friends and family. By engaging in regular physical activity, children can improve their overall health and well-being and reduce their risk of obesity. There are positive effects on mental and physical well-being by spending time in nature. Do spend time exploring with your child the many beautiful nature parks around Singapore this holiday!

Finally, if your child is struggling with obesity, it is important to work with your family doctor or paediatrician and PE teacher to develop a plan for managing his/her weight. This may include setting goals for healthy eating and physical activity, monitoring his/her progress and seeking additional support, if needed.

The following are the QR codes to some resources you can explore:

				
ActiveSG Programmes	HPB Healthy Living	Nparks Learn by Playing in Nature	TimeoutSG	Honeykidsasia

Persevere with your ongoing efforts in promoting healthy habits for your child. Together, we can help your child grow up to be healthy, happy and successful.

#### **14. Mid-year School Holidays Advisories**

Please view the attached the infographics for the mid-year school holidays joint advisories from MOE and the Singapore Police Force (SPF). The advisories feature crime prevention tips and real-life scenarios on theft and rash act.

We are pleased to inform you that a new educational module titled, "Police Ray's Case File on Shop Theft" is now available on the Student Learning Space (SLS) for your child. This crime prevention module is jointly developed by the SPF and MOE. It aims to help students understand the serious nature of shop theft and the importance of making responsible choices when faced with temptation or peer pressure. Your child can access the module through their SLS accounts.

SPF has sponsored an exclusive keychain (refer to attachment) for all students who complete the module by 31 July 2026. Do encourage your child to complete the module.

#### **15. Meaningful Engagement during Holidays**

We want to emphasize the importance of closely supervising your children and actively engaging them during the upcoming long break. This will help ensure they avoid getting into mischief, bad company or engaging in any unlawful behaviour, both online and offline.

Wishing you a fun and refreshing time with your family and loved ones over the holidays. We look forward to welcoming the students back to school on Monday, 29 June 26.

Yours sincerely  
Mrs Finella Goh  
Principal