



# UNITY PRIMARY SCHOOL

21 Choa Chu Kang Crescent  
Singapore 688268  
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Website: [www.unitypri.moe.edu.sg](http://www.unitypri.moe.edu.sg)

10 March 2026

Dear Parents

## Letter to Parents (End of Term 1 2026)

As we approach the end of Term 1 and look forward to the term break, do take note of the following information.

### 1. New staff

We would like to welcome the following teachers to the school:

- Miss Nursyarifah Binte Abdullah
- Mrs K Selvatharasi Krishnan

### 2. Key Activities in Term 2

Day / Date	School Holidays / Celebrations
Sat, 14 Mar 26 – Sun, 22 Mar 26	• Term 1 Break (School Holidays)
Mon, 23 Mar 26	• School Holiday (day off-in-lieu for Hari Raya Puasa)
Tue, 24 Mar 26	• Start of School in Term 2
Fri, 3 Apr 26	• Good Friday (Public Holiday)
Fri, 1 May 26	• Labour Day (Public Holiday)
Wed, 27 May 26	• Hari Raya Haji (Public Holiday)
Mon, 25 May 26	• e-Parent-Teacher Conference (PTC) 2 (No School for P1 – P6)
Sat, 30 May 26 – Sun, 28 Jun 26	• Term 2 Break (School Holidays)
Mon, 1 Jun 26	• Public Holiday (day after Vesak Day)
Tue, 2 Jun – Thu, 4 Jun 26	• Power Up for all P6 students

### 3. Recess timings

To encourage greater social interaction and inclusivity among students, the school will be adopting the following recess timings starting in Term 2.

- 9.30 – 10.00 a.m. – P5 & P6 recess
- 10 – 10.30 a.m. – P1 & P4 recess
- 10.30 – 11 a.m. – P2 & P3 recess

Teachers will arrange for students to have a snack break between 11.30 am to 1 pm. Do help your child to pack suitable and healthy snacks for the snack break.

On Thursdays when students have CCA, lunch timings will be as follows:

- 12 noon – 12.30 p.m. – P6 lunch



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- 12.30 – 1 p.m. – P5 lunch
- 1 – 1.30 p.m. – P4 lunch
- 1.30 – 2 p.m. – P3 lunch

## 4. Eat With Your Family Day (EWYFD)

Eat With Your Family Day (EWYFD) is a nation-wide initiative led by the Centre for Fathering and supported by the Ministry of Social and Family Development (MSF), to encourage all Singaporeans to consciously set aside time that day to bond with their families. Through the simple practice of having a family meal, this initiative serves as a reminder for families to eat and spend time together regularly.

MOE supports all four EWYFD on the last Friday of each of the school term where officers leave work on time to enjoy a meal with their family. As such, we would like to encourage parents to pick up their children earlier from Big Heart Student Care Centre to have a family meal together.

## 5. Temperature Taking Exercise

In line with the guidelines from MOE, the temperature-taking exercise will take place on **Wednesday, 1 April 2026**. We seek your assistance in ensuring that your child brings a working Oral Digital Thermometer to school every day.

## 6. Physical Education Messages

As part of the initiative aimed at strengthening home-school partnership in Physical Education (PE), throughout the year, you will receive PE messages about your child's PE learning journey. These messages may include key movement skills being taught, fitness concepts explored and suggestions for family-based physical activities. These updates will enable you to engage meaningfully with your child about their PE experiences and reinforce their learning at home.

We believe that this collaborative approach will not only enhance your child's physical literacy but also foster a lifelong appreciation for an active and healthy lifestyle. Your involvement and support will be invaluable in helping your child develop positive attitudes towards physical activity and wellness.

You may click the hyperlink or scan the QR code to access the resources for each level.

<a href="#">P1 Term 1</a>	<a href="#">P2 Term 1</a>	<a href="#">P3 Term 1</a>	<a href="#">P4 Term 1</a>	<a href="#">P5 Term 1</a>
				

## 7. Cyber Wellness (CW)

In today's digital age, children have unprecedented access to online information and digital platforms. While the internet offers valuable learning opportunities and information,



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unrestricted access to the internet can expose children to inappropriate content and influences. This underscores the importance of promoting Cyber Wellness (CW) and building Digital Resilience, enabling students to navigate the online world safely, think critically, and recover from digital challenges.

At UPS, the Cyber Wellness Awareness Initiative (CWAI) equips students with the knowledge and skills to protect themselves, make responsible choices and develop resilience in the digital space. Throughout the year, students will learn to manage online risks and build healthy digital habits. In conjunction with Safer Internet Day, the school launched the **CWAI Challenge 2026**, an all-year SLS-based challenge that engages students in interactive learning on cyber wellness, responsible online behaviour, and digital resilience, **guided by the key messages of *Be Safe, Be Smart and Be Kind online.***

Parents play a vital role in reinforcing these efforts. When home and school collaborate, children are better supported to make safe and informed choices online. To support your child's digital well-being, and in line with this year's Safer Internet Day theme, "***Practise Healthy Digital Habits Together,***" we encourage you to:

- **Set boundaries together** – Guide your child to manage screen time and interact responsibly online.
- **Think before posting or sharing** – Help them safeguard their digital footprint by making thoughtful online choices.
- **Promote safe reporting** – Encourage your child to report inappropriate or harmful content, contributing to a safer online environment.
- **Encourage help-seeking** – Support your child in engaging trusted adults or peers when facing online concerns.

By partnering each other, we can empower our children to become digitally resilient and responsible technology users. Learn more about online safety and screen time management through these resources:

- [Raising A Digitally Smart Child](#)
- [Helping Your Child Balance Screen Time: Four Tips for Healthier Use of Screen](#)

## 8. Parents Gateway (PG)

This is a reminder that Parents Gateway (PG) is a one-stop portal and channel for school-home communication. To download PG or for its FAQ, visit <https://pg.moe.edu.sg/>.

**Kindly turn on the PG notification in your mobile phone setting so that you can be alerted to PG updates from the school and MOE in a timely manner.**

With the PG App, parents can access all school announcements and consent forms, and give consent for your child's activities anytime and anywhere. **Please read and retain such information so that you can keep abreast of details such as date, duration, dismissal time and venue of your child's school activities, etc. To avoid inconvenience, we seek your co-operation to convey such relevant information within your household so that caregivers/helpers do not have to call our staff to enquire.**



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Thank you for your kind attention. We wish you a very fulfilling and rejuvenating break this March holiday and to our Muslim families, Selamat Hari Raya.

Yours sincerely  
Mrs Finella Goh  
Principal